



ROTARY CLUB OF MUMBAI CUFFE PARADE

RI District 3140, Club No. 28210

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Cuffe-links

FEBRUARY 2014

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ROTARY FACT:

Rotary was assigned the copyright on the "4-Way Test" in 1954 when its author, Herbert Taylor, became President of Rotary International.

PROGRAM OF THE MONTH

Lots of Fellowship, Fun, Projects and Speakers

To know more read on...

THE 4 WAY TEST:

of the things we think, say or do

➤ Is it the TRUTH?

➤ Is it FAIR to All Concerned?

➤ Will it Build GOODWILL & Better Friendships?

➤ Will it be BENEFICIAL to All Concerned?

Editorial team: Sonal Somaiya, Harsha Keluskar, Shubhangi Patil & Rajul Parikh

PREZ DESK



Dear Friends,

The year 2014 has begun on a note of fellowship and fun! After the huge success of "Ek Masti Bhari Shaam Aap Sab Ke Naam" at Rtn Bharathi's home, we have just concluded our annual picnic to Mahabaleshwar! Friends you will agree that the warmth of Rotary bonding made up for the cold and crisp winter in this jewel of hill stations. It was heartening to hear phrases like "lets find Imtiaz's walking track" or Krishnakanta is the best bet where strawberries are concerned, so let's leave that to her". This spoke of the friendship, the bonding that we Rotarians share.

A new and exciting phase is beginning – that of implementation of the village project – the Rain Water Harvesting structures that will be built in Naroli and Ashta villages of rural Maharashtra to provide relief to the water starved villages. We have just met the first milestone; to collect 3 lacs + as our Club's contribution towards the project. I thank all donors for their generous contributions. A table shows below individual contributions received from 32 persons – both members and well wishers.

The DISCON is the most important event of the District and by the time this bulletin is released, I hope that many of us would have had the opportunity to hear some great speakers.

And in March is the OCV, the acid test for any club. I trust that the Governor recognizes the good work that we Rotarians are doing to engage Rotary and change lives.

So keep it going!

Affectionately,
YIR

Rtn. Rajul Parikh
President

HEROES OF OUR GLOBAL GRANT PROJECT

DONATIONS RECEIVED FROM

Rtn. Ravi Jhunjhunwala	37,000	Rtn. Rajbir Singh	31,000	Mr. Ankur Parikh	31,000
Mr. Govardhan Dhoot	25,000	Mr. Anand Parikh	21,700	Dr. M S Thakar	15,000
Ms. Mona Rajani	15,000	Rtn. Mukesh Jariwala	15,000	Rtn. Shyam Lohia	10,000
Rtn. Falguni Padode	7,000	Rtn. Gulnar Nabee	5,000	Rtn. Rajendra Sah	5,000
Rtn. Amit Vora	5,000	Rtn. Mahendra Sundesha	5,000	Rtn. Sohanlal Mohta	5,000
Rtn. Anita Bubna	5,000	Rtn. Namrata Agrawal	5,000	Rtn. Sunil Mehta	5,000
Rtn. Ashiq Patel	5,000	Rtn. Nayan Shah	5,000	Rtn. Surendra Gandhi	5,000
Mr. Ashish Gupta	5,000	Rtn. Neena Thadani	5,000	Rtn. Vandana Kamat	5,000
Rtn. Chandrashekhar Gandhi	5,000	Rtn. Paresh Tejura	5,000	Rtn. Vasant Mehta	5,000
Rtn. Charu Mehta	5,000	Rtn. Pravin Agarwal	5,000	Rtn. Yogesh Jesrani	5,000
Rtn. Dipak Khicha	5,000			Ms. Kashmira B. Gandhi	500

TOTAL : 3 LACS +

(Amount in Rupees)



Rtn. Lata Subraidu
District Governor-3140
2013-14



Rtn. Ron D. Burton
RI President
2013-14



HAPPENINGS IN JANUARY 2014

MEMBERS' RESPONSE



**Great work is being done in the club.
This has brought the club up in the
District and I am sure you will get
great awards and accolades at the
shukriya function at the hands of the
DG Lata Subraidu.
I see a future DG.
Great and all the best.
-Vipin Mehra**



**We are all proud of you !
- Smita and Pravin Agarwal**

**EXCELLENT
work team Cuffe Links,
it's a good read.
Thank you for all the
hard work and effort put in.
- Gulnar Nabee**



**Continue,
Well said by Your good friend
Falguni, you are future DG Emoji.
- Mahendra Sundesha**



**Good Work....
We are proud of you..
Keep the Clubrocking.....
- Bina & Chander**

**Great job.
I fully agree with our Rotary
friends that DG in making.
Thanks for bringing laurels to our
club and our district. With your
dedication & commitments we are
sure you will reach to
greater heights.
- Paresh Tejura**



HAPPENINGS IN JANUARY 2014

03-JAN-2014 : GRAND MASTER SHIFUJI JOINT MEETING WITH RC OF BOMBAY PIER

RC Bombay Pier invited world's best Commando trainer Shifuji on January 3, 2014. RC Mumbai Cuffe Parade was a co host at this meeting. Mr. Shifuji spoke of the importance of self protection techniques, and demonstrated some easy and practical steps to self defense.



"The best meeting I
have ever attended"
- Rajesh Israni



Some reactions from our Members...



"Was good !"
-Nayan Shah

"It's very useful,
knowledgeable
and excellent!"
- Sonal Somaiya



"G R E A T"
-Vipin Mehra

"Absolutely brilliant !!
He was passionately
patriotic , with a great
sense of humour. And
easy tips for self
defense !!"
-Aruna Chainani

HAPPENINGS IN JANUARY 2014

05-JAN-2014 : FREE MEDICAL CAMP

Free Medical camp was held by Rotary Club of Sealand at CPRA Greens, Cuffe Parade. Rotary Club of Mumbai Cuffe Parade was invited to participate in the camp. Over 500 people were given free diagnosis and basic treatment.



**Rotarians of RC Sealand with Rotarians of
Cuffe Parade**

HAPPENINGS IN JANUARY 2014

08-JAN-2014 : UNRAVELLING THE DEVYANI KHOBRAGADE CONTROVERSY, SPEAKER MR. UTTAM KHOBRAGADE JOINT MEETING WITH RC SEALAND AND RC HANGING GARDEN

In the midst of the raging Devyani Khobragade controversy, Mr. Uttam Khobragade (father of Devyani) was invited to our club to talk about the ugly episode first hand. Mr. Khobragade, retired IAS officer, threw light on the circumstances that led to the unfair and unjust arrest of our Indian Diplomat.



Rotary Club of Mumbai Cuffe Parade exchange his flag with Rotary Club of Bruchsal Rhein from Germany



Rtn. Yogesh introduced the Guest Speaker

Mr. Uttam Khobragade



HAPPENINGS IN JANUARY 2014

13-JAN-2014 : END POLIO NOW
ILLUMINATION OF AIR INDIA
BUILDING AT NARIMAN POINT
CELEBRATING
A POLIO-FREE INDIA



Smt. Rajshri Birla releasing the "INDIA IS POLIO FREE" balloon



HAPPENINGS IN JANUARY 2014

19-JAN-2014 : EK MASTI BHARI SHAAM

Sunday night was rocking.....

Close to 80 Rotarians and spouses rocked to the tunes of our own Rotarians, who were at their brilliant best performing dances, singing songs and rolling out Shayarees!

It was a lively, funfilled night, filled with Bharthi Bathijaa's warmth and hospitality. Two milestone occasions – Chander Gandhi's 50th birthday and Anand & Rajul's 35th Anniversary were spontaneously celebrated! (Courtesy – Bina Gandhi)

Many missing Rotarians were spotted – Ashok & Shaila Mehta, Falguni & Pratap, Falguni & Nishit, Rekha Ruvala, Chandrakant & Kanaklata to name a few.....

New (prospective) Rotarians were welcomed - Pinky Dalal, Rohit Jindal and Shivangi Sheth

Others were missed – Amit & Madhavi Shah, Ramesh & Anita Kothari, Kamal & Suman Kothari, Aditya and Niti Daga, Ramesh Israni, Rajbir & Nikki Singh, Paresh & Rupa Tejura, Surendra and Smita Gandhi, Sangeeta Bang, Sunita and Ajay Sarvaiyya, Sujata and Abhay Dalvi, Indrakumar & Bina Pugalia, Om & Shashi Lakhotia and Suresh Mandowara. Treasurer Janak & Daksha Bhimani were missing.....

Let the pictures talk of the fun that we had.

Special thanks to Bharthi Bathijaa, Mukesh & Soni Jariwala, Namrata and Pramod Agrawal, Anita & Nikhil Bubna, Gulnar & Zuhair Nabee, Smita & Pravin Agarwal, Rajul & Anand Parikh for getting gifts and prizes for the performers.

A big 3 Cheers for Bharthi and her family who so graciously hosted the function, which was a fitting tribute to Madan Bathijaa, our vibrant and lively Past President and late husband of Bharthi.



HAPPENINGS IN JANUARY 2014

19-JAN-2014 : EK MASTI BHARI SHAAM



Ek masti Bhari Shaam was really absolutely mastibhari one of the finest spouses night we had.

It was great to see plenty of members participating in singing and dancing truly our club has volcano of talent.

Great opportunity to celebrate Birthday and Anniversary with absolutely masti.

It was great kind gesture by past President Bharthi to give her wonderful bungalow for this event it truly revived a very pleasant memories of late PP Madan Bathijaa.

All the food and drinks arrangements were made with perfection. Special thanks also to Anita and others who were involved to organise this event.

.....Rajendra Sah

Yesterday's Masti Bhari Shaam was absolutely fantastic. Everyone was filled with masti.

Thanks to Bharthi and the family for such a lovely arrangement of food n drinks.

The music session was great and the dancers too. Keep it up.

.....Vipin Mehra

Congratulations to Rajul and Anita for organizing a wonderful 'masti bhari shaam' and thanks to Bharti for being a lovely host.

.....Pravin

Aap ki Masti Bhari Sham me ham sab Mast ho gaye..... 3 Cheers for you all

.....Gulnar

We sincerely congratulate you & your team on having a wonderful party Ek Masti Bhari Shaam aap sab ke naam at Rtn. Bharthi's home.

The place, the food, the people, the emotions, the gift, the birthday & anniversary CAKE & the warmth exuded by you, everything at the party was simply superb!

Specially ALL THE PERFORMERS!

We really enjoyed & had a great time.

A special thanks to Rtn. Bharthi for having arranged a wonderful party which resulted in a great success.

..... Pallavi & Rajesh Thakkar

HAPPENINGS IN JANUARY 2014

23 TO 26-JAN-2014 : MAHABALESHWAR PICNIC

Mahableswar Trip Rocks



Evening Fellowship over tea



Strawberries & Cream at Bageecha



At Devrai Art Institute



Rtn. Yasmin celebrating her birthday



HAPPENINGS IN JANUARY 2014

23 TO 26-JAN-2014 : MAHABALESHWAR PICNIC

WARM GLIMPSES...



HAPPENINGS IN FEBRUARY 2014

2-FEB-2014 : DISCON 2014



The much awaited DISCON was a grand affair and the theme was 'Shakti'. Highly motivating and inspirational speakers raised thought provoking questions.

Glimpses below



A beautiful dance symbolizing the union of Shiva and Shakti



The Cuffe Parade Brigade.
PP Darshana Doshi, Rajesh Thakkar, President Rajul and PE Mahendra Sundesha.



Management Guru Devdhar Patnaik enthralls the audience with his tales of mythology and its relevance to modern management.



Pujya Bramhakumari Yoginiben outlines the essence of a WOMAN - who is SHAKTI personified.



Dr Sunitha Krishnan of PRAJWALA Foundation graphically traces the horrors and plights of the human flesh trade and how her organization PRAJWALA rescues and rehabilitates sex workers from this horror.



Swami Sukhbodananda talks about the need to be alive in the truest sense - to be filled with wonder - and to live an experience in the purest way without the burden of earlier experiences.



Dr Mamatha Lala who works with HIV infected children shares her experience of living in Antarctica for six months on a research mission of the Government of India. Her courageous story of the hazards and hardships got her an award from the Government.



Major Ms. Khatri, a sky diver and paratrooper stole the show with her story of courage and oratory prowess.

ATTENDANCE

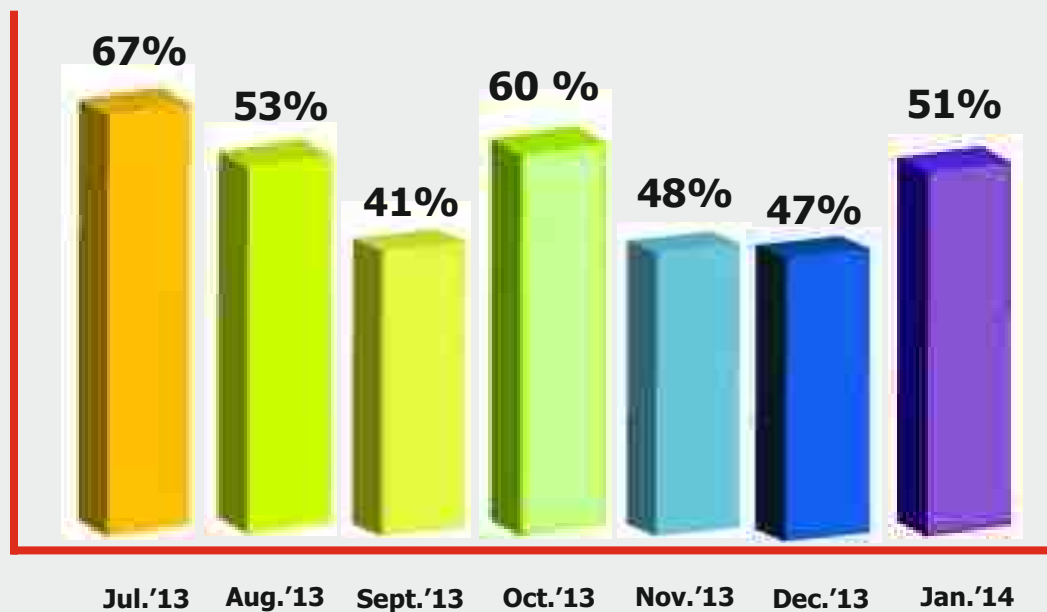
ATTENDANCE FOR JANUARY 2014

100 %ERS OF JANUARY 2014



Rtn. Anita Bubna
Rtn. Gulnar Nabee
Rtn. Mahendra Sundesha
Rtn. Rajesh Thakkar
Rtn. Rajul Parikh
Rtn. Shyam Lohia
Rtn. Sonal Somaiya

Well Done!



Ways of getting credit for attendance :

1. Attending Regular Meeting
2. Attending Board Meeting
3. Attending District Events
4. Attending Club Projects
5. Attending Club Fellowships
6. Attendance at other Rotary Club Meetings

BIRTHDAYS & ANNIVERSARIES



Happy Anniversary!

Rtn. Anita Bubna



22nd Feb.

Ann Krishnakanta Bagri



24th Feb.

Rtn. Mukesh Jariwala



25th Feb.

Rtn. Sunita Sarvaiya



27th Feb.

Rtn. Aditya & Niti Daga



8th Feb.

Rtn. Namrata & Pramod Agrawal



8th Feb.

Rtn. Brijmohan & Krishnakanta Bagri



9th Feb.

Rtn. Kamal & Suman Kothari



10th Feb.

Rtn. Anil & Geetika Aggarwal



14th Feb.

Rtn. Ravi & Shailja JhunJhunwala



17th Feb.

Rtn. Shyam & Usha Lohia



19th Feb.

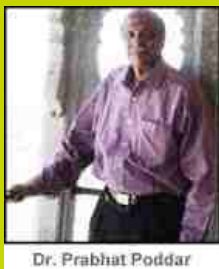
Rtn. Mahendra & Leena Gandhi



23rd Feb.

UPCOMING EVENTS...

5-FEB-2014



Dr. Prabhat Poddar

Dr. Prabhat Poddar, renowned Geo-biologist, Vaastu & Energy Expert will talk about these elements and their impact on holistic well being.

6:15 PM to 7:45 PM

12-FEB-2014



**Become a wine connoisseur!
Learn about wines,
how to serve them
and taste different wines!
Sula Wines presents
a wine tasting session!
Followed by sumptuous food!**

6:00PM to 6:30PM - Fellowship

6:30PM to 7:45PM - Meeting & Wine tasting

7:45PM onwards Food & Fellowship

19-FEB-2014



**Celebrity Lifestyle Coach & Nutritionist –
Mr. Luke Coutino
will talk to us about Life
Style changes which have
far reaching consequences
on fitness and health.**

6:15 PM to 7:45 PM

**OFFICIAL CLUB VISIT
(OCV) BY DG LATA
ON
12-MARCH-2014**

26-FEB-2014



**AG Rtn. Padmakar Nandekar
will visit our club (Pre-OCV)**

6:15 PM to 7:45 PM

NEWS FROM DISTRICT 3140



**Habitat
for Humanity®
India**

IndiaBUILDS

Building the nation, one home at a time

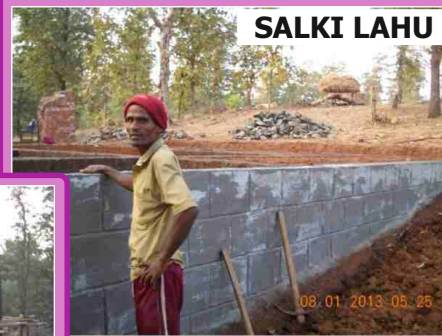
THE ROTARY KUTIR STORY.....

GULAB MAHU

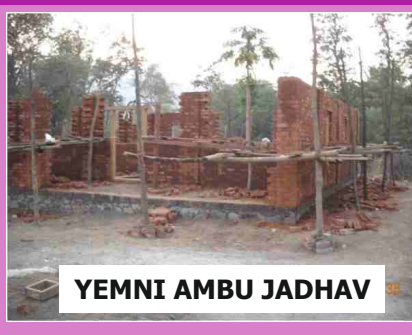


**Project Site :
Villages in
Dahanu Block**

SALKI LAHU



Plan for January & February 2014:
47 families will be given 3rd installment for completing roof work and 53 families will be given 2nd installment. Families to raise walls in the first week of Feb. 2014. Plan to start work of community hall in



YEMNI AMBU JADHAV

village Naroli in the month of Feb. 2014.
**Date of Completion (as per MOA)-
30th June, 2014.**

NEWS FROM ROTARY INTERNATIONAL

INDIA CELEBRATES THREE YEARS WITHOUT POLIO



"India is polio free" (written in Hindi) illuminates Jodhpur Sojati Gate in Rajasthan, India.

Throughout India and around the world, Rotary clubs are celebrating a major milestone: India has gone three years without a new case of polio. The last reported case was a two-year-old girl in West Bengal on 13 January 2011.

To mark this historic triumph -- reached after a decades-long battle against polio -- Rotary clubs illuminated landmarks and iconic structures throughout the country with four simple but powerful words, "India is polio free."

ROTARY INTERNATIONAL CONVENTION - SYDNEY 1-4 JUNE 2014



Rotary's annual convention is a wonderful way to experience the true internationality of Rotary, as you connect with leaders, exchange ideas, and get inspired to take action to benefit communities worldwide.



Unbelievably Cool Ways to Use Your Smartphone

Whether you're a technophobe or a high-tech junkie, these apps will add new life to your smartphone in some surprising and creative ways.



Measure Your Heart Rate

Back in the day you would hold two fingers to the artery in your neck, count the heartbeats and time them with a wristwatch. Who wears wristwatches anymore? Never mind that, who does math in their heads anymore?

You don't need a watch or the ability to multiply if you use the Instant Heart Rate app. Simply touch the screen with your finger and the phone's camera will scan your blood flow to calculate your pulse rate.

Compatible with: iOS, Android

Price: free with ads or \$0.99 ad-free version

Find more about: smartphone apps | do it yourself |

cellphones | cell phone | apps

Source : Web page from Reader's Digest Canada

Please click on the link below:

<http://www.readersdigest.ca/home-garden/do-it-yourself/10-unbelievably-cool-ways-use-your-smartphone>

JUST 4
LAUGHS



मुझे कोई फ़ोन पर धमकियाँ दे रहा है....

पुलिस: कौन है जो आपको
धमकियाँ दे रहा है ?

कस्टमर केयर वाले बोल
रहे हैं, "अगर बिल जमा नहीं करवाया
तो काट देंगे"



THOUGHT FOR
THE MONTH:

As we express our gratitude, we must never forget that the
highest appreciation is not to utter words, but to live by them.

-John F. Kennedy



TODAY'S SHAYRI



Sender



Rtn. Geetika Aggarwal